



United Lutheran Church of Proctor
Thoughts from Pastor Liz



Grace and peace to you, people of God!

The New Year is always heralded by encouragements to change: “New Year: New You!” Marketers hoping to make money want to grow our dissatisfaction with ourselves and our lives. In the guise of a fresh start, we’re greeted with a sense of dread meant to have us buying our way to a “better” life.

What would it look like for you to begin the new year with gratitude and contentment instead of dread? It takes some effort to set your own thoughts rather than allow media to create your narrative. In these final days of the year, write down those things that have brought joy, peace, and love into your life. What were the moments when you felt good? Create a practice of writing down a gratitude a day and setting them somewhere you can see them.

How can you accept what might come in the next year without trying to control what is outside of your control? The original sin is our human desire to be more than we are: to have control and power beyond what belongs to us. Not only does that hurt others, it also hurts us. Be intentional about the things within your control, doing what you can for your health and the good of the world. Scripture offers this encouragement when we become overwhelmed with the problems of the world, “be still and know that I am God” (Psalm 46:10). God is working to heal the world, and one day will make all things well.

In our Lutheran tradition, we are only baptized once, but we live each day newly washed in God’s grace. God forgives and restores us daily. “The steadfast love of the Lord never ceases, God’s mercies never come to an end; they are new every morning” (Lamentations 3:22-23a). Whatever we want to leave behind in the last year can be left behind. That’s as much true on January first as it is on June 11th. Every day, we live refreshed in God’s grace.

Blessings to you in this new year.

Peace, Pastor Liz

Pastor Liz drop in hours:

Thursday 9-11am

Appointments are always welcome!

You can reach her via Email:

pastorliz@proctorlutheran.org

or on her cell (Sun-Thurs 9-5 or

leave a voicemail or text anytime in an

emergency : 218-461-0933

Secretarial office hours are currently
suspended.

Please contact Pastor Liz or Janis with any
needs. ULCP Office 218-624-4255

January Birthdays

1 Pastor Liz
3 Kasey & Cody Olson
12 Steve Grabko
18 Linda Anderson
20 Jan Lockwood
24 Lisa Lockwood



In Our Prayers

Mary Towers
Peggy Jugasek
Jerry Grote
Claudia Gannucci
Military serving our country



We keep all our friends at United & all
in need in prayer. this prayer list
includes those with emergent needs.
Unless requested to Pr. Liz with an
update, names will be removed from
this immediate need list after 2 months



Worship 11:00 am Sunday Mornings

Sunday School Jan 7 & 21st at 10 a.m

Adult Study: Living Faith 1pm at United Jan 11th & 25th.

Church Council Jan 14th at 12pm

Confirmation Sunday Jan 21 at 12:15-1:15

Young Adults:

Want to build skills and grow in community with other young adults to
help you make decisions about your life? Not sure what's next? Join
the 2024 Discernment Lab Cohort launching this January. Contact
Pastor Liz to learn more!

Worship times change in February!

United will be at 9am and Our Savior's at 11am.

NEWSLETTER MAILINGS DEADLINE

We are contacting everyone who receives a paper copy of our
newsletters to see if they would like to help us reduce our
mailing costs. We are asking everyone if we can email our
newsletter or have a paper copy picked up at church. If neither
of those works for you and you still want to receive a paper
newsletter, other arrangements can be made. We plan to make
these changes no later than at the end of 2023. So PLEASE
contact Audrey Berglund at 218-686-0415, cell phone, or by
email at aswenson1117@gmail.com to specify your wishes.

Christ in our Home Daily Devotional
Pick up the latest copy at church.



Let's Help Keep Everyone Warm This Winter



During January we will be collecting warm clothing for The Duluth Harbor Rescue Mission. We will be supporting the wonderful work the mission does to help the homeless and those living in poverty. They really need jackets, warm hats, scarves, gloves or mittens, wool socks, blankets and boots. Watch the store sales for good deals. Also any clean, gently used items would be welcome. All donations can be dropped in the containers in the entryway of the church at Sunday service. By caring for those in need we are loving our neighbors as Jesus taught. This project is sponsored by the Evangelism/Outreach Committee at United Lutheran.

Youth Decorating the Christmas tree Dec 3rd

Christmas Program Dec 17th

Thank you to all who participated.

Note from Property Committee:



We are looking for help with snow shoveling at church this winter. Please contact the Property Committee and or Pastor Liz if you would be willing to be on a snow shoveling schedule. If there are enough volunteers you would probably only be assigned to shovel one week a month. Thank You in advance.



Women's Christmas Luncheon Dec 2nd

Heavenly Christmas Cookies Recipe

1. A Heart Full of Faith
2. A Time for Prayer
3. A Good Bowl of Love
4. A Hot Cup of Blessings
5. A Big Hand Full of Grace
6. A Large Plate of Joy
7. A Gallon of THANKFULNESS

P.S. Bake at 100% AMEN



Thank You to everyone who helped
make the Luncheon a Huge Success.

Area Churches Together Caroling
Monday Dec 18th.

Thank you to all who attended &
shared your voices in song.



**United Lutheran Church of Proctor
Northeastern Minnesota Synod – ELCA
Congregation Council Meeting Minutes
Sunday, Nov. 12th, 2023**

Present: Audrey Berglund, Janis Anderson, Larry Sommer, Dan Saarela, Alice Rohweder, Kris Thoreson, Pr. Liz Davis

Absent: Gordy Westendorf, Dennis Palm, Lisa Larson

Came to Order: 12:12 pm

Devotions: Pastor Liz

Approval of Minutes- M. Audrey, S. Janis.

Treasurer's Report/Finance Committee: Total receipts in October were \$35,795.51, with \$7774 for the general fund, \$26,994.01 from Grinnell Insurance for the roof replacement and \$1027.50 for donations to the Duluth Harbor Mission for hygiene supplies. Total expenses in October were \$7226.53, \$7036 from the General Fund and \$190.53 from Irving Youth Special Fund. The balance in the Special funds is \$46,490 and we have \$193,476 in our CD at EverBank.

Approval of Treasurers Report: M. Janis, S. Alice.

Pastor's Report – The Proctor Ecumenical Thanksgiving service is Sunday Nov. 19th at 6:00pm at St. Rose. We will be Caroling again. Dec. 18th at 5:00 pm. Meet here at the church.

President's Report – There used to be microphones/transmitters for the hearing impaired. Is going to enlist a few people to look for them and to see if they are in working order.

Committee Reports

A. **Worship and Music-**N/A

B. **Christian Education-** N/A

C. **Fellowship-** Christmas lunch is all set. Bazaar was a success

D. **Evangelism and Service to Others-** Meatball sub dinner made \$702 for the Harbor Mission. Hygiene products-Thrivent purchased 177, Congregation donations 101, and money donations was \$325.

E. **Property-** – Upgrades to the heating system are done. There was a call from Lisa Olson, there was an electrical problem with the motion detector light outside Pastors door, which was rerouted and fixed.

Staff Reports: – Budgets for staff were discussed.

New Business –

- It was suggested that a postage due account be set up at the post office with \$20.00 since we are switching over our mailing system. M. Pastor, S. Janis.
- The Annual meeting will be January 28th after church. Team reports are due Dec. 10th, need to be sent out by Jan. 14th.
- Council Positions- There are currently to positions on the nominating committee that need to be filled. Two council positions. Secretary-Kris Thoreson, Property Committee-Larry Sommers

Ideas/Requests from Congregation – N/A

Announcements and Correspondence- N/A

Calendar

Next meeting Dec. 10th

End Meeting: 1:24

Adjournment: M. Janis, S. Audrey
Minutes submitted : Kris Thoreson

Treasurer's Report Narrative for 11/30/23

Receipts for November were \$8,217 for the General Fund and \$12,159 for Special Funds, including \$10,752.28 received from Grinnell Insurance for the roof replacement, \$1116 for the Christmas Luncheon, Fundraising and sales of tickets, and \$290 to Memorials.

Expenses paid in November were \$7,625 for the General Fund and \$11,945, \$10,702 to Peak Roofing from Capital Improvements, \$1043 to Duluth Harbor Mission from that designated fund, \$100 to VLM from Irving Youth SF and \$100 to Deb V. for expenses related to the Christmas Luncheon.

That puts us under YTD budget for revenues by \$5,754 and under YTD budget for expenses by \$10,214, largely due to not paying for secretarial wages and related expenses for these past eleven months of the year.

The balance in special funds is \$46,704 and \$194,061 in our CD at Everbank (fka TIAA).

Audrey Berglund

General Fund	Nov 2023 Budget	Nov 2023 Actual	YTD 2023 Budget	YTD 2023 Actual
Income	\$8,735	\$8,217	\$96,085	\$90,331
Expenses	\$8,735	\$7,625	\$96,085	\$85,871
Net Income (Loss)		\$592		\$4,754

Note from the editor: Please send all submissions to Marty, no later than the 20th of the month martjj@aol.com or Cell 218-213-1060

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		7 pm Proctor A.A.		10am Quilting		
7	8	9	10	11	12	13
10am Sunday School		5:30 pm Girl Scouts		9am Pastor's drop in hours		
11am worship	5:45 pm Cub Scouts	7pm Proctor A.A.		10am Quilting		
	7pm Boy Scouts			1-2pm Bible Study		
14	15	16	17	18	19	20
11am worship				9am Pastor's drop in hours		
12pm Council Mtg	5:45 pm Cub Scouts	5:30 pm Girl Scouts		10am Quilting		
		7 pm Proctor A.A.				
21	22	23	24	25	26	27
10am Sunday School				9am Pastor's drop in hours		
11am worship	5:45pm Cub Scouts	5:30 pm Girl Scouts		10am Quilting		
12:15-1:15 confirmation		7 pm Proctor A.A.		1-2pm Bible Study		
28	29	30	31			
11am worship						
	5:45 Cub Scouts	5:30 pm Girl Scouts				
	7pm Boy Scouts	7 pm Proctor A.A.				

WE WELCOME EVERYONE!

United Lutheran Church of Proctor

701 Third Avenue

Proctor, MN 55810

Northeastern Minnesota Synod

Evangelical Lutheran Church in America

God's Work: Our Hands.

NON-PROFIT ORG.

US POSTAGE

PAID

DULUTH, MN

PERMIT NO 122

Address Service Requested

Welcome to United Lutheran

Sunday worship 11:00 am

Serving our community and the world
as we connect with one another and God.

COVID SAFETY:

Masks will be optional in all church spaces.

If you feel sick, Please Stay Home

or wear a mask.

Within this newsletter are various events hosted
by United during the month. You are invited to
all. We look forward to seeing you.

United Lutheran Church of Proctor

www.proctorlutheran.org

office phone: 218-624-4255

office@proctorlutheran.org

pastorliz@proctorlutheran.org

council@proctorlutheran.org

Find us on Facebook:

Facebook.com/proctorlutheran
