

United Lutheran Church of Proctor



Thoughts from Pastor Liz

May 2022

Dear People of God,

I've been studying leadership and change at the College of St. Scholastica for the past few years. A change theory developed by Kurt Lewin talks about change occurring through an unfreeze-change-freeze process. Behaviors become a part of the culture because they work. When they no longer work, it's time to change. A new behavior needs to develop that is more adaptive. But, we all know it's not easy to change! Lots of times, we continue to function in ways that don't work because we're stuck. We get used to the way things are. Lewin taught that a group needs to come to an awareness that change is necessary, then make the change, then "freeze" or solidifying the new behavior in place.

In Lewin's model, change happens as people slowly accept that something new needs to happen. The struggle is not only to make the change but also for that change to stick. I've been thinking a lot about the changes we've lived through recently, the new behaviors that have stuck around, and the changes we need to make to live as a healthy church and faithful Christians.

Changes to our church participation happened two years ago when our schedules were smashed like crushed ice with national lockdowns. Whatever regular church participation looked like for you, it changed quickly. You formed new habits over these past two years and you've developed reasons for making the choices you have. I know there are a lot of feelings about what's happened. I can't think of one person who would have chosen for the pandemic to happen. You may be angry with the decisions that were made by your council or the decisions that are still being made. You may be angry as someone who was a part of those deliberations. You may be fine with the way your church has handled the last few years. You may be out of the habit you once had for church participation. Right now, I'd like you to think about the habits and feelings you've frozen in place and to wonder if that's really working for you, or if you want something better.

The gospels' descriptions of Jesus' ministry are full of Jesus working to help people adopt a new outlook: the culture of the Kingdom of God. Most of the early adopters were those for whom the culture wasn't working: those in poverty, those who were sick or not valued in society. They knew that change was needed. Jesus started to melt away the habits of creating outsiders and judging others. He started to create a new culture. Then Jesus was killed. People don't like to change! It's easier to get rid of the one questioning the way things are. When God raised Jesus from the dead, God declared that the new way of life Jesus was teaching is the way of life God wants for us.

Jesus' resurrection shatters the way things are. If dead, something we assume is a constant presence, can be destroyed by God, so many other things we assume must be about our lives are brought into question. Things don't have to be the way they are today.

As we celebrate the season of Easter, exploring what it means for us that Jesus died and rose, think about how you're living your life and the church culture we've been creating. Are you living into Jesus' Kingdom of God, breaking down boundaries, creating peace, and serving your neighbors? In what attitude do you approach another person? Does anger or love come easier?

During the pandemic, we scrambled to do what needed to be done for the good of our community. Some of the effects have been isolation, disconnection, and suspicion of each other. Those habits have become our groove. It's time to break free into something better. Be an early adopter who sees the value of community, compassion, and joy. Get excited about discovering Jesus' way of life and replicating it. Seek Jesus' kingdom, acting in love, working for justice, and worshipping faithfully. Together, we can find a new way to be. God is always drawing us closer to the life we were meant to live.
God is with you! Pastor Liz

Pastor Liz's drop-in hours: Mondays 9-11 Wed 2:30-4:30

Email: pastorliz@proctorlutheran.org

Cell (Sun-Thurs workday, or emergencies): 218-461-0933

Day Camp: Sailing on the High Seas! July 17-22



**United Lutheran Church 701 3rd Ave, Proctor, MN
Programming led by Luther Park Bible Camp Staff**

Free and open to all youth currently in Grade K-5
We will not actually be sailing on the lake

**July 17: Sunday night kick-off
July 18-21: Monday-Thursday 9-3pm
July 22: Friday 9-12pm
*July 24: Optional sharing at 11am church service**



Use your phone and this QR code to register!
Paper forms also available at United

Go to Summer Camp at Camp Vermilion! We're planning a group on July 31- Aug 5, but any week is great. United has funds to make this possible for you. vlmcamps.org

**United Lutheran Church (ELCA) welcomes all people.
Join in worship Sundays 11am.
Find us on Facebook or at proctorlutheran.org 218-624-4255**

Christ in Our Home

Daily Devotional

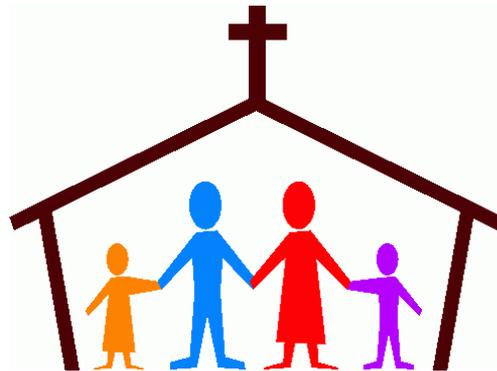
Pick up the latest copy (May, June) just inside the back door of the church on little table. Stop by during office hours: Monday though Thursday
8:30 -11:30 am

May Birthdays

8th Kalie Sletten
11th Alice Halvorson-Rohweder
12th Tammy Segel-Crilly
14th Tate Sletten
18th Lisa Olson
22nd Jackson Peterson
23rd Chris Davis
25th Donna Crilly, Kaitlyn Crilly
27th Gwen Nelson
28th Larry Sommer
31st Tammie Kmecik

In Our Prayers

Wayne Halverson
Bill Bergland
Jan Bakke
Joan McCall
Travis Madison
Shanna Skillet close friend of Dan Saarela family
Betty Merling
Ashley granddaughter of Betty & Jim Merling
Myra Schultz
Wayne Fechner
All service men along with those related to members of the church.
Alice Rohweder's grandchildren:
Scott & Danelle Rohweder
Abby Rohweder, & Andy Rohweder who is overseas
Marge Lind's grandson Steven Lind who is overseas.



Worship

10 am Sunday School May 1 (last day of Sunday School.)

Sunday Morning worship 11:00 am

Worship Assistants' Training

May 22 after worship

Ushers, Greeters, Readers, Assisting Ministers and Acolytes all make our worship possible. Being involved in leading worship brings meaning and purpose to your worship life. Come and learn about the various roles and gain some skills so you feel prepared to serve.

Confirmation

We continue studying the New Testament with sessions on May 4 and 18, time TBD.

Bible Study

May 4 and 18 at 2:15pm in the conference room. We'll be studying the readings for the upcoming Sunday.

2 Corinthians 4:6

For God, who said, "Let light shine out of darkness," made his light shine in our hearts



Youth Group: May 13/14
 Youth and families are encouraged to join in Camp Vermilion's Family Camp night on May 13 and/or the Camp Work Day on May 14. See vlmcamps.org for more information, or call Pr. Liz.

Book Club

Book Club meets on Saturday, May 14 at 9:30 a.m. in the conference room. We are reading "A Gentleman in Moscow" by Amor Towles. It's about Count Rostov who was deemed an unrepentant aristocrat by the Bolshevik's and is sentenced to house arrest in a grand hotel near the Kremlin, for life.. We have a couple of extra books in the kit if someone wants to join us. If you have already read this interesting book, come join in the discussion.
 Karen Nolin

Letter from the editor: Please send all submission to Marty no later than the 20th of the month to martjj@aol.com. You can also reach me at 218-213-1060 Cell & 218-624-4322 Landline.

MINNESOTA MARCH FOOD CAMPAIGN RESULTS 2022

Total money raised--\$6,398 Total pounds donated--849

Church donations

United Lutheran Church: \$2,370 and 213 pounds of food

St. Rose Catholic Church: \$790 and 209 pounds of food

Forbes United Methodist Church: \$2,238 and 168 pounds of food

Other donations

Kwik Trip Proctor: 179 pounds of food

Proctor Post Office: 46 pounds of food

Americ Inn Proctor: 30 pounds of food

Minnesota Power: \$750

Proctor Community: \$250



Thank you so much for the generosity of United Lutheran members during our annual food drive for the Proctor Food Shelf. This is the most money we have ever collected. Also a special thanks to Dan Saarela for doing a Thrivent Action Project to purchase \$250 worth of food. His donation amounted to 190 pounds of food. This year our church is the winner of the Campbell Soup Can trophy for the church contributing the most. We may be the winners, but the clients who must rely on the Proctor Food Shelf are the beneficiaries. Proctor Food Shelf continues to help those in our community experiencing food insecurity. Thanks also to our member volunteers who work at the food shelf twice a month to distribute this food. As our ELCA statement proclaims, **"Gods Work, Our Hands"**.



Garden Plots are available!

Call the office or sign up to reserve a garden plot in the church yard. The plots will be prepared for your use by Memorial Day. \$15 or ask for a "gardenship" if the cost is too much.

Spring Cleaning & Outdoor Planting: June 5

Plant some flowers and spruce up our church! We're looking for project leads. If there is a project you think needs to be done, contact Pastor Liz or Larry to head up that effort! All ages are welcome!

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
10 am SS last day						
11 am worship	6 pm Finance Committee		2:15 Bible Study	10 am Quilting		
	Zoom Mtg	5pm Girl Scouts	in conference room			
	7pm Boy Scouts	7 pm Proctor AA	Confirmation time TBD			
8	9	10	11	12	13	14
<i>Mother's Day</i>						9:30 am Book Club
11 am worship		5pm Girl Scouts		10 am Quilting	Family overnight	in Conference Room
12 pm council mtg in conf. room	7pm Boy Scouts	7pm Proctor AA			at VLM see newsletter for information.	Work Day at Camp Vermilion
15	16	17	18	19	20	21
11 am worship			2:15 Bible Study	10 am Quilting		
Communion Class after church		5pm Girl Scouts	in conference room			
	7pm Boy Scouts	7pm Proctor AA	Confirmation time TBD			
22	23	24	25	26	27	28
11 am worship				10 am Quilting		
Worship Assistant		5pm Girl Scouts				
Training after worship	7pm Boy Scouts	7pm Proctor AA				
29	30	31	1	2	3	4
11 am worship	<i>Memorial Day</i>	5pm Girl Scouts				
		6 pm Finance Committee				
		Zoom mtg				
		7pm Proctor AA				

The Church's zoom meeting ID and Password are both the church phone number: 218-624-4255. The link to zoom is <https://zoom.us/j/218-624-4255>. Please call Mary at the church office Monday-Thursday mornings to schedule a zoom meeting for your group.

We welcome EVERYONE!

United Lutheran Church of Proctor
701 Third Avenue
Proctor, MN 55810

Northeastern Minnesota Synod
Evangelical Lutheran Church in America
God's work. Our hands.

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WELCOME TO
WORSHIP IN THE SANCTUARY AT
11 AM

COVID SAFETY:

Masks will be optional in all church
spaces.

If you feel sick, Please Stay Home
or wear a mask.

Within this newsletter are various events
hosted by United during the month. You are
invited to all. We look forward to seeing
you.

**United Lutheran Church of
Proctor**

www.proctorlutheran.org

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Find us on Facebook:

[Facebook.com/proctorlutheran](https://www.facebook.com/proctorlutheran)
